The Bayesian Predictive Probability Prevents Further Harmful Randomized Controlled Trials

Hirotaka MORI a [Member, Resident]
a Shirakawa Kosei general hospital,

[Background] To do further randomized controlled trials (RCTs) in a meta-analysis (MA) does harm if they are unlikely to change the already established evidence of efficacy, especially in mortality. In fact, they have continued partly because there is no quantitative criteria to predict harmful RCTs.

[Objectives] To identify the cut-off point of the predictive probability of harmful RCTs calculated by Bayesian analysis as the numerical criteria to prevent them.

[Design] Retrospective cohort.
[Database] Cochrane Database of Systematic Reviews between 2013 and 2017.
[Including studies] RCTs in MA such that it evaluated the effect of internal interventions on mortality, the effect measure was odds ratio (OR), risk ratio (RR), or risk difference (RD), and that the quality of the evidence was high of the GRADE approach.

[Main exposure variable] The probability (P) calculated by Bayesian analysis that point estimates of OR, RR, or RD in a cumulative meta-analysis (CMA) were less than 1 or 0 if the summary estimate’s was less, or that they were more if it was more.

[Main outcome measures] Harmful RCTs defined as follows: a continuum of their point estimates of OR, RR or RD in a CMA continued up to the latest RCT to be consistently less than 1 or 0 if the summary estimate’s was less, or that they were more if it was more: in the continuum, the first RCT was excluded.

[Results] Data from 110 RCTs (15 MAs) were analyzed. The outcome rate was 83%. Multivariable analysis adjusting for year, order and tau.square showed that P ≥ 75% as the optimal cut-off point was the independent predictor (OR 40; 95% CI 1.8 to 898) and the sensitivity and specificity were 71% and 89%. The areas under the ROC curves of P were 0.91 (95% CI 0.85 to 0.98).

[Conclusions] P ≥ 75% was first found to be the cut-off point as the quantitative criteria to probably prevent further harmful RCTs.

[Limitation] Retrospective way in one database.