A patient of pulmonary cryptococcosis who presented with severe chest pain

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Introduction: Cryptococcosis is a granulomatous fungal infection that commonly manifests as meningitis. Since pulmonary cryptococcosis is relatively rare and causes nonspecific symptoms, it might be difficult to make its diagnosis. Here, we present a case of pulmonary cryptococcosis that presented only with severe chest pain.

Case Description: A 62-year-old man with hypertension presented with acute onset of severe chest pain over the past three hours. The pain became worse when he had deep inspiration. He had no cold sweat, nausea, or other respiratory symptoms. There was no family history of cardiovascular or respiratory diseases. He had no animal contact nor sexual history. On examination, he was ill-appearing and his vital signs were normal. Late inspiratory crackles were audible over the bilateral lower lung fields. There were no signs of meningeal irritation. An ECG was normal. In blood test results, peripheral WBC count was elevated at 10,500/μL. Troponin I and d-dimer levels were normal. Chest radiography showed consolidation in left lower lung field and chest CT scan revealed multiple pulmonary nodules in the left lower lobe. Bronchoscopy was performed, showing fungi with positive India ink staining. Microscopic findings of a specimen by TBLB showed granulomatous inflammation with multiple yeasts. Serum cryptococcal antigen was also elevated. Lumbar puncture revealed the normal result. Antibodies against HIV and HTLV-1 were negative. Based on these findings, a diagnosis of pulmonary cryptococcosis was made. Fluconazole was administered, and the chest pain had improved.

Discussion: Symptoms in pulmonary cryptococcosis are variable and these may be influenced by immune status. In immunocompetent patients with this disease, severe chest pain has been rare, and, to our knowledge, there have been no reports with such case mimicking cardiovascular diseases. The differential diagnosis for rare cases causing chest pain may need to include pulmonary cryptococcosis.