

最新論文20選 2021年～忙しいあなたのために～

Internal Medicine Update: the important 20 articles in 2020 and 2021

対象者 医師, 若手医師 (卒後16年以内), 後期研修医 (卒後3年以上), 初期研修医 (卒後1-2年目), 学生**Target** Doctor, Early Career Physicians, Senior Resident, Resident (1-2 years after graduation), Medical Student

総合内科医は様々な疾患をもつ患者のケアにあたるので幅広い知識が必要であるため幅広くしかもなるべく深く知識をアップデートしていかねばならない。臓器専門家とともに診療にあたる機会も多く、彼らと発展的な議論をするためには、アップデートされた専門知識がある程度あることが理想的であろう。

米国内科学会雑誌 Annals of Internal Medicine では ACP journal club や Cardiology Update, Hospital medicine update など各臓器・専門分野の Update シリーズにて最新論文が紹介されている。また、毎年行われる総会でも論文アップデートセッションが行われ「忙しい総合内科医」に助けとなっている。今回、この一年間に発表された各臓器のキーになる論文20本を Structured abstract 形式で共有し実臨床での使用法を解説する

We, general internal medicine physicians, take care of wide variety of diseases. In addition, we often have a chance to collaborate with various subspecialists for the best care of the patients. Therefore, we have to acquire as much updated evidence as possible to maximize the benefit of the consultation. Although subspecialists have only to be updated in one organ system they specialize in, we need to get the latest evidence of all organ systems at more than a certain level.

In the U.S.A, there are lots of helpful resources to get updated evidence, including ACP journal club and update series of each organ systems in Annals of Internal Medicine. Furthermore, in the annual meeting of ACP, key important articles have been presented every year. Those are very helpful.

In our session, we will present approximately 20 articles in structured abstract manner which were published in 2020 and 2021. We will also have additional comment how to apply them to clinical practice.