P-13 A case of plasma cell type Castleman disease with sustained fever and arthralgia

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Introduction

Castleman's disease (CD) is multicentric, characterized by fever with chills, anemia, generalized lymphadenopathy and hepatosplenomegaly, and a more aggressive clinical course presentation. This report describes the diagnosis of plasma cell (PC) type CD presenting as stained fever and arthralgia.

Case Presentation

A 69-year-old man reported shoulder pain and numbness malaise from one year and six months prior. He visited our hospital when he became aware of fever. His body temperature (BT) was 38.1° C. Multiple superficial lymph nodes were palpable in the neck, axilla, and groin area. Swelling and pain were found in the joints of the two hands, wrist joints, and both shoulders. Laboratory findings were WBC $11,800/\mu$ l, Hb 10.4 g/dl, Pt $387000/\mu$ l, CRP 9.43 mg/ dl, antinuclear antibody 40 fold, P/C ANCA negative, IgG 3202 mg/dl, and IgG4 154 mg/dl. No abnormal finding was obtained from imaging examination. Lymph node biopsy was performed, revealing follicular cells with large germinal centers and sheet-like proliferation of mature plasma cells positive for IgG and expressed kappa and lambda light chains. No neoplastic proliferation was found. From the IgG4/IgG staining ratio of 5.3% (high power field), we inferred that IgG4-related disease was negative. Serum soluble interleukin(IL)-2 receptors 1190 u/ml and IL-6 801 pg / ml were high. We diagnosed plasma cell (PC) type (CD). From steroid hormone therapy (methylpredonin 500 mg/day), an antipyretic effect was obtained with improvement of joint symptoms by steroid administration, which was decreased gradually. The patient remains under observation with PSL 5 mg today.

Discussion

PC-CD often shows signs of chronic inflammation such as fever, elevated erythrocyte sedimentation, weight loss, and systemic lymph node swelling with arthralgia.